

## EMOTIONS AND SEXUALITY

IN PATIENTS WITH CHEMOTHERAPY

Cancer is not a contagious or transmissible disease. However, during treatment you may have little or no interest in having sex because medications can cause decreased physical energy. Once the treatment is finished, the sexual desire will return normally.



Alterations in your body appearance can influence your feelings and sexual appetite.



Even if you are not used to talking about this, you need to share your doubts with your partner so that together you can face all the fears and concerns and carry out a sex life that fits your condition.

## **KEEP IN MIND:**

- You can sleep in the same bed with your partner if you feel capable.
- When having sexual relations, it is essential that you use condom. Remember that you are prone to acquire infections from any type for being immunosuppressed.
- The treatment cycles are different in each patient.
  Ask your treating doctor about the right time to have sex in a safe way.

Your partner may refuse to take the initiative for practice sexual relations because of the fear of hurting you or putting psychological pressure on you, without ensuring that you are in a position to do so. For this reason, it is recommendable that you initiate through hugs, kisses and caresses. Remember that your partner only thinks about your well-being.