

# RISKS AND RECOMMENDATIONS

## Enteral nutrition



It consists in the administration of nutrition through a probe introduced through the nose until it reaches the stomach or, it's directly placed on the abdominal wall. It is indicated in patients who can't satisfy their nutritional needs with the usual oral intake and that don't present contraindications to use the digestive tract.

### CAUSES:



- Impossibility or alterations in the capacity of intake.
- Increase in nutritional needs.
- Alterations in the absorption of nutrients.
- Relative need for bowel rest.



## Most frequent access routes

Nasogastric

Nasoduodenal

Gastrostomy

Yeyunostomy

Not performing this procedure can lead to malnutrition with serious consequences, which may endanger life.

## Risks

1

Pressure injuries somewhere along the way of the probe:  
- nose - pharynx  
- esophagus - stomach

2

Obstruction of the probe.  
Intestinal obstruction.

3

Exit or displacement of the probe.

4

Regurgitation of nutritional preparation.

5

Related to the administration of prepared:  
- nausea - vomiting  
- diarrhea

6

Step of the preparation nutritional to roads respiratory.