



FUNDACIÓN
VALLE DEL LILI

Excelencia en Salud al servicio de la comunidad

DEPARTMENT OF PATHOLOGY AND
LABORATORY MEDICINE

INSTRUCTIONS FOR SAMPLE COLLECTION OR PATIENT'S PREPARATION

24-HOUR URINE 5-HYDROXYINDOLEACETIC ACID TEST

Dear patient,

Fasting is not required for this test, but there are food restrictions.

In order to ensure a reliable result, please follow the recommendations below:

- Follow the instructions in the 24-hour urine collection information (please request them).
- Ask for a 24-hour urine container at the Clinical Laboratory.
- Avoid the intake of carbonated drinks, cheese, bananas, avocados, chocolate, tomato, pineapple, plum, nuts, eggplants and kiwis 72 hours before the test, during collection.
- Ask your doctor in order to have authorization for interrupting medications such as: acetaminophen, salicylates, glyceryl guaiacolate, naproxen, methocarbamol, imipramine, isoniazid, MAO inhibitors, metildope, lithium or phenothiazine. To avoid results alteration, these medications must be interrupted 72 hours before the sample is collected. Consult your doctor in order to receive authorization for interrupting medication.

If you have any questions, please call us at phone number 331 90 90 (Ext. 3152 – 3132 – 6468 – 6469 – 4154).

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.

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