

## URINE CYTOLOGY

**Dear patient,**

In order to ensure a reliable result, please follow the instructions below:

- The first morning urine is not suitable for this test. This sample may be collected at any time of the day.
- Ask for a urine container at the Clinical Laboratory.
- Ideally, the sample should be taken during the morning hours, after appropriate genital hygiene.
- As far as possible, collect the sample at the Clinical Laboratory.
- Avoid more than 1 hour between the sample's collection and delivery. If it takes more than 1 hour to transport it, please refrigerate the sample (Do not freeze).
- You should not collect urine if you are menstruating, wait three days before collecting the sample.
- **Note:** If you suffer from urinary retention, please drink a glass of water every 15 minutes for two hours before collecting the sample.
- If you have any questions, please call us at phone number 331 90 90 (Ext. 3152 - 3132 - 6468 - 6469 - 4154).

**Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.**