FUNDACIÓN VALLE DEL LILI

Excelencia en Salud al servicio de la comunidad

PRE-/POST-PRANDIAL GLYCAEMIA TEST, BLOOD GLUCOSE CURVE OR GLYCAEMIA CURVE WITH OR WITHOUT GLUCOSE

Dear patient,

In order to ensure a reliable result, please follow the instructions below:

- You should continue dosing any medication as usual, UNLESS your doctor tells you otherwise.
- Show up at the Clinical Laboratory in FASTING CONDITIONS. Select the most convenient schedule for you during the morning.
- Adults should fast at least the previous 8 hours. Children and infants should fast the previous 3 hours. You may drink water as needed at any time.
- At the Clinical Laboratory a blood sample will be collected and, immediately (according to your physician's instructions), you will be asked to have a breakfast with a significant quantity of bread/carbohydrates or, you will be provided with a sugary solution called GLUCOSE CHALLENGE to drink, which you should drink completely and in a short period of time.
- In case it is a PRE-/POST-GLYCAEMIA TEST, please come back to the the Clinical Laboratory BEFORE 2 hours have elapsed from the moment the first sample was collected, for the last sample collection.
- In case it is a GLYCAEMIA CURVE TEST, you will be informed of the sampling schedule for several samples until the test is completed.
- **Note:** During this period of time, you MUST NOT CONSUME ANY FOOD OR ALCOHOL, AVOID SMOKING, OR PERFORMING ANY TYPE OF EXERCISE. It is recommended to rest.
- Compliance with schedules is of high importance for granting the validity of results.
- If you have any questions, please call us at phone number 331 9090 (Ext. 3152 - 3132 - 6468 - 6469 - 4154).

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.

VIGILADO Supersalud

Excelencia
Institución Acreditada con Excelencia
Certificado N° 015