

**INSTRUCTIONS FOR SAMPLE COLLECTION OR PATIENT'S PREPARATION
SAMPLES OF THE SKIN, NAILS, HAIR AND MOUTH FOR FUNGAL INFECTION**

Dear patient,

In order to ensure a reliable result, please follow the recommendations below:

- **If you are taking medication to treat fungi infections:** Wait 15 days after the last dose to collect the sample. The treatment may alter test results.
- **If you are applying medicated creams or ointments for fungi infections:** Wait seven days after the last application to collect the sample.
If is a skin test: Take a normal shower and do not apply any substance (cream, lotion, ointment, alcohol, etc.) in the affected area.
- **If its a nails test:**
 - Do not trim your nails before collecting the sample.
 - Brush your nails with salt water twice a day for three days before collecting the sample.
 - Remove nail polish 3 days before collecting the sample.
 - DO NOT apply cosmetic powder, lotion or creams from the day before the test.
- **If it is a hair or scalp test:**
 - Wash your hair with shampoo on the day of the test.
 - Do not shave the site of the injury (head, beard, etc.).
 - Do not apply gels or creams on the day of the test.
- **If is a mouth test:** Perform your full oral hygiene routine and come for sample collection in fasting conditions.

If you have any questions, please call us at phone number 3319090 (ext. 3152 y 4154).

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.