

INSTRUCTIONS FOR SAMPLE COLLECTION OR PATIENT'S PREPARATION - CERVICAL – VAGINAL CYTOLOGY

Dear patient,

In order to ensure a reliable result, please follow the recommendations below:

This test involves the introduction of a vaginal speculum to access the cervix. It is an uncomfortable procedure. We do our best to minimize discomfort for you. Please inform if something is specially uncomfortable. In addition to this preventive test, consider undergoing a comprehensive assessment of your gynecological health by a qualified professional.

- Please come at the Clinical Laboratory in the morning hours, from 7:00 a.m. to 10:00 a.m., from Monday to Friday.
- Be sure to fill out the "Data for Cervical - Vaginal Cytology Testing" form.
- Avoid the use of vaginal douches the day of the test. If you need local medications (vaginal ovules, creams), take the test 5 days after treatment completion.
- Do not have sexual intercourse within 48 hours before the test.
- If menstrual flow is present, wait 6 days after bleeding is over.
- You should also inform if you are pregnant (in this case, your sample should be collected by your treating physician), whether you have received any hormonal therapy, or whether you have undergone any cervical procedure.
- If you have any special needs (lubrication, use of a special speculum, or special care by a physician), please notify about it.
- Please, do not forget to collect your results. A timely diagnosis ensures a timely treatment.

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.

For more details, please call us at
phone number 3319090 Ext. 3152-4154