

**INSTRUCTIONS FOR SAMPLE COLLECTION OR PATIENT'S PREPARATION
URINE TEST/URINALYSIS AND/OR URINE CULTURE**

Dear patient,

In order to ensure a reliable result, please follow the recommendations below.

- Before sample collection; do not use antiseptics, creams, ovules, or other medications in the genital area.
- You may continue dosing other types of medication as usual, unless your doctor tells you otherwise.
- Presence of menstrual blood or a heavy vaginal discharge interferes with the analysis; therefore, come to the laboratory three days after the end of the menstrual period or the discharge.
- Request a container at the Clinical Laboratory and label it with your personal data: Full name, Surname and Date. Do not open the container until you are ready for sample collection.
- The recommended sample is the first urine of the day.
- Before collecting the sample, wash the genital area with your usual soap and rinse with plenty of water. If you are going to collect the sample at the Laboratory, request a kit for clean catch urine collection.
- If you are a woman, pull the minor labia laterally. If you are a man, retract the prepuce.
- Discard the first drops of urine. Collect the urine sample at midstream.
- Deliver the sample before 1 hour (or 2 hours if refrigerated) has elapsed.
- If you have any questions, please contact us at phone number 331 90 90 (Ext. 3152 - 6468 - 6469-4154).

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.

**For more details, please call us at phone number
3319090 Ext. 3152-4154**