

INSTRUCTIONS FOR SAMPLE COLLECTION OR PATIENT'S PREPARATION LIPID PANEL

Dear patient,

in order to ensure a reliable result, please follow the recommendations below:

- A 12-to-14-hour fasting is required (adults). The day before taking analysis; it is recommended to have your last meal at 7:00 p.m. at the most, avoiding fat intake. You may drink water as needed, at any time.
- Show yourself up at the Clinical Laboratory in FASTING CONDITIONS, at the time of your convenience, preferably during the first half of the morning.
- Fasting conditions are very important for the accuracy of your results; however, your physician might instruct you to collect the sample even if you have not fasted. Please inform us.
- You may continue your medications' usual dosing, UNLESS your physician tells you otherwise.
- If you have any questions, please call us at phone number 331 9090 (Ext. 3152 - 3132 - 6468 - 6469 - 4154).

Remember that according to Law 100/1993, it is the patients' DUTY to take self-care measures and adhere to their Treating Physician recommendations.