

ALLERGOLOGY

CUTANEOUS ALLERGY TESTS (PRICK TEST)

These tests determine the existence of sensitization to environmental allergens and/or foods, which may be causing allergic diseases.

The test is performed by applying several drops on the skin of the forearm; corresponding to solutions prepared with the extracts of the different allergens; then it is proceed to puncture the most superficial layer of the skin on each drop with a small lancet. This procedure is very painless and does not cause bleeding.

Once the test is done, wait for 15 to 20 minutes, at which time, if there is an allergy, the skin will show redness and hives. Then, it will be read by the specialist.

REQUIREMENTS FOR THE EXAM:

Present the medical order with the clinical data and the respective authorization of prepaid medicine services or EPS. Request an appointment prior to service.

RECOMMENDATIONS

- Fasting is not necessary and there is no special preparation for this type of test.
- Patients taking medications can take them on the day of the tests, with the exception of antihistamines, since they alter the results of the allergy skin tests. They must be withheld at least 5 days before the tests.
- The following is a list of antihistamines marketed in Colombia:
 - Bilastine (Bilaxten, there are no generics)
 - Cetirizine (Alercet, Alerkin, Acidrine, Cetirax, Cetrine, Zyrfar and generics)
 - Cyproheptadine (Trimetabol and generics)
 - Clemastine (Tavegyl)
 - Chlorpheniramine (Clorotrimeton, Isticol and generics)
 - Desloratadine (Aerius, Alergus, Amerotadine, Desalex, Desler, Deslodex, Desloran, Desna, Dexio, Globistamin, Lopidex, Oxiclarine, Riniloran, Rinotadin and generics).

For more information, please contact telephone number: 3319090 Prepaid Medicine and individuals: 1-1-1-8 and in EPS: 1-2-1-8.

- Diphenhydramine (Benadryl and generics)
 - Ebastine (Pinavalt)
 - Fexofenadine (Allegra, Alpex, Alpex fentradol, Rhinolast and generics)
 - Hydroxyzine (Hiderax, generics)
 - Ketotifen (Basket, Ketobron, Zaditen and generics)
 - Levocetirizine (Antiss, Cehaler, Drylina, Lecetir, Levoc, Levocetirizina, Levopraz,
 - Levotrex, Lezat and generics)
 - Loratadine (Clarityne, Efectine, Loramine, Lordinex, Loristat, Valket and generics)
- Almost all flu medications, congestion syrups and some homeopathic medications contain antihistamines; therefore, they should be avoided in the week prior to the test.
 - Inhalers and montelukast, should not be withheld, medications for hypertension, diabetes or other diseases, or medications that are applied locally in the nose (nasal corticosteroids, such as mometasone, fluticasone, beclomethasone, triamcinolone, ciclesonide), or in the eyes (topical antihistamines, such as Patanol S, Olodine, Relestat, Alap, Dolcettin, Ketotifeno).

DURATION: Approximately 40 minutes. Once the application of the extracts has been completed, you should wait for the writing and reading of the test.

DELIVERY OF RESULTS: After 20 minutes of testing, the doctor calls the patient to deliver the result.

IMPORTANT: If for any reason it is not possible to attend your appointment or you require additional information, before or after it, please contact the registered contacts.

HOURS OF ATTENTION FOR THE PROCEDURE:

Monday to Friday from 7:00 AM -- 5:00 PM.
Tower 7 Floor 4

Remember that according to Law 100 of 1993, it is a DUTY of patients, self-care and adherence to the recommendations of their Treating Physician.

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