

## INSTRUCTIVE FOR PATIENTS IN PHOTOTHERAPY CHAMBER

The phototherapy chamber is a method of treatment that uses ultraviolet light as a means to achieve control and/or cure of different skin diseases. It is a device, in which the patient receives ultraviolet exposure, with a very specific wavelength, to achieve the desired therapeutic effect, and in which the patient remains standing to achieve exposure of the entire body.

## **RECOMMENDATIONS:**

- Follow the frequency indicated by the treating physician, that is, comply
  with the number of weekly sessions ordered by your physician. This
  treatment, like any other, to achieve its objectives must be followed
  completely.
- Do not use sunscreens before the session so as not to interfere with the absorption of ultraviolet light on the skin.
   Ideally, wear protective clothing of black color and thick texture to cover head/face (balaclava) and your genitals during the session inside the chamber (small underwear and if possible wear the same or the same type in each session).
- They last the treatment, and even more on the days in which there is session, the patient should not receive additional doses of ultraviolet light in its different modalities such as sun or office light. You should use sunscreens, in the exposed areas, every three hours starting the application after the session.
- Use emollients, 2 to 3 times a day, after the session.
- If you are not going to attend a scheduled session, please notify.
   Administratively, your order will be canceled if you do not come to two sessions without letting it know. The billing department assumes that the patient would not return and no open charges can be left.
- Attend scheduled consultations with your treating physician. Notify
  when you have an appointment to make and deliver to you the report
  of the treatment received. (Do not forget to make an appointment in
  advance so that there is no interruption in the treatment while the new
  order given by your doctor is being authorized).







**IMPORTANT:** If for any reason, it is not possible to attend your appointment or you require additional information, before or after it, please contact the registered contacts.

## HOURS OF ATTENTION FOR THE PROCEDURE:

7:00 AM - 8:00 AM cure. 8:00 AM - 5:00 PM procedures. 3319090 ext. 7179 -7913-7914



