



## GENERAL PATIENT CARE GUIDELINES AFTER ENDOSCOPY UNDER SEDATION

### CARE

- The patient has a high risk of falling. The patient must leave the clinic accompanied.
- Do not drive any type of vehicle, or be a motorcycle passenger, expose yourself to heights. You should not wander about or do activities alone.
- You can start your normal diet after discharge, except if there is any restriction given by your physician.
- Upon arriving at your home, it is suggested to rest.

### ALARM SIGNS

- Monitor bleeding (bloody vomiting and/or brown coffee, blood or black stools (you may have small pints of blood by mouth or rectum according to the procedure and they should normally be brown or red wine color).
- Intense pain that does not improve
- Fever (Temperature  $\geq 38.5^{\circ}$ ).
- At the site where the vein was canalized, a cure will be left, which should be removed within 24 hours (This will avoid risk of infection). Make a consultation if there is red skin (erythema), feeling of pain and heat in the area.

If you have any of the above-described symptoms or any another that catches your attention, please consult the emergency department immediately.

By the institutional security protocol, to avoid a fall, you must go out in a wheelchair, in the company of your relative and skater.

**Remember that according to Law 100 of 1993, it is a DUTY of patients, self-care and adherence to the recommendations of their Treating Physician.**

**For more information, please contact telephone  
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