

FOOD ALLERGY

Is an abnormal reaction of the immune system to food proteins.

It generates from mild symptoms to serious reactions such as anaphylaxis: involvement of the airways, a weak and accelerated pulse, skin disorders, nausea and vomiting. When these symptoms are extreme, they can be life threatening.

FREQUENCY



It occurs between 2% to 10% of general population, being more frequently in children.



Symptoms generally occur within the first hour after consuming the food.

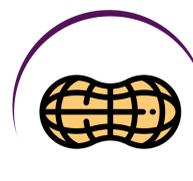
Foods:



Egg



Milk



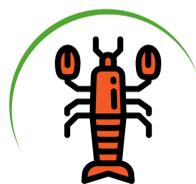
Peanut



Nuts



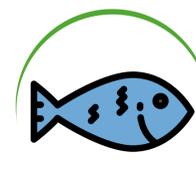
Wheat



Seafood



Soy



Fish

Mild symptoms:

Skin rash, lips and eyelids swelling.

Severe symptoms:

Anaphylaxis.

Go immediately to the nearest emergency unit.

Food allergies must be evaluated by an allergist to define management and prognosis.

If any doubt, contact us at:

+ 57 2 3319090 ext. 7004