

RECOVERY AT HOME

NEUROLOGICAL SURGERY



- Take short walks with your caregiver.
- Avoid standing for long periods of time.
- Do not lift or push heavy objects.

O2 DIET

- You can continue with your usual diet.
- In cases of cervical approach: eat soft foods (puree, ground meat, soups, scrambled eggs) and drink plenty of fluids.
- If you have trouble swallowing, relieve it by drinking cold liquids.

GENERAL RECOMMENDATIONS

- Keep your nails short and clean.
- Perform constant hand hygiene with alcohol solutions: 3 times a day and before bed.
- The wound may itch. However, do not touch it, use an ice pack wrapped in a clean towel.

POST-SURGERY CARE

February 2021

 Inform your caregiver that in the event of a seizure, you should be placed on your side until the seizure is over.

SPECIAL CARE

CRANIOTOMY - CRANIOENCEPHALIC TRAUMA

PHYSICAL ACTIVITY

- Do activities that do not require much effort; watch TV or read.
- Your physical condition may vary, this is normal, due to swelling.

WOUND CARE

- Keep the wound covered, preventing it from getting wet.
- 3 days after surgery, uncover the wound and wash it with shampoo or soap and water.

GO TO THE EMERGENCY ROOM IF YOU HAVE:

- Repetitive headache, vomiting or seizures .
- Behavior changes: drowsiness, apathy, incoherence,
- Signs of wound infection or if the wound becomes progressively swollen.

VENTRICULOPERITONEAL SHUNT IN CHILDREN

WOUND CARE

- Keep the wound covered, preventing it from getting wet.
- 3 days after surgery, uncover the wound and wash it with shampoo or soap and water.

GO TO THE EMERGENCY ROOM IF YOU HAVE:

-Progressive swelling of the wound or the top of the head (in children).

TRANS-PHENOIDAL SURGERY

PHYSICAL ACTIVITY

Start your daily activities gradually, avoiding movements that require much effort (avoid bending over).

WOUND CARE

- Avoid blowing your nose. Sneeze with your mouth wide open.
- Apply saline solution to decongest the nose, if needed.
- To relieve bruising or swelling in the eyes, use warm clothes at night.

GO TO THE EMERGENCY ROOM IF YOU HAVE:

- Liquid coming out of the nose or salty taste when swallowing.
- Loss of vision.
- Severe headache, inability to move the neck, or discomfort to the light.

Para comentarios y sugerencias contacte al Servicio de Integración y Atención al Usuario - SIAU Ext. 4190 - 4191 - 4192 siau@fvl.org.co

Síguenos en:











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