

RECOMMENDATIONS FOR THE ANTICOAGULATED PATIENT

If you are an anticoagulated patient, these are the indications you should always keep in mind



1. Always carry your ID card and your ID badge.
2. Get used to taking or applying the anticoagulant always at the same time.
3. Do not change the dosage or suspend your.
4. Medication without medical indication.
5. If you forget your dose, you have up to 6 hours to take it. After this time, skip it and take the next dose at the usual time. Do not take a double dose. Remember to report it to the Anticoagulation Clinic.
6. Do not self-medicate.
7. Always attend your check-ups on the indicated date.
8. Avoid intramuscular injections.
9. You should watch for the presence of warning signs.
10. Avoid falls and blows.
11. Report to the Anticoagulation Clinic if you went to the emergency room or have been hospitalized.

**Remember that as an anticoagulated patient
you should have
constant communication with the
Anticoagulation Clinic staff.**



If you have any doubts, consult the Anticoagulation
+60 2 331 9090 ext. 7424
Cell: 313 799 1462
Monday to Friday 7:00am to 4:30pm

